

**ADDICTION**



**SUMMIT**

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The purpose of this presentation is to convey information. It is not intended to diagnose, treat, or cure your condition.

# *Identifying Issues and Removing Toxins*



# Zen Honeycutt



- Moms Across America
- International speaker
- GMO/glyphosate specialist
- *Unstoppable* book coming soon

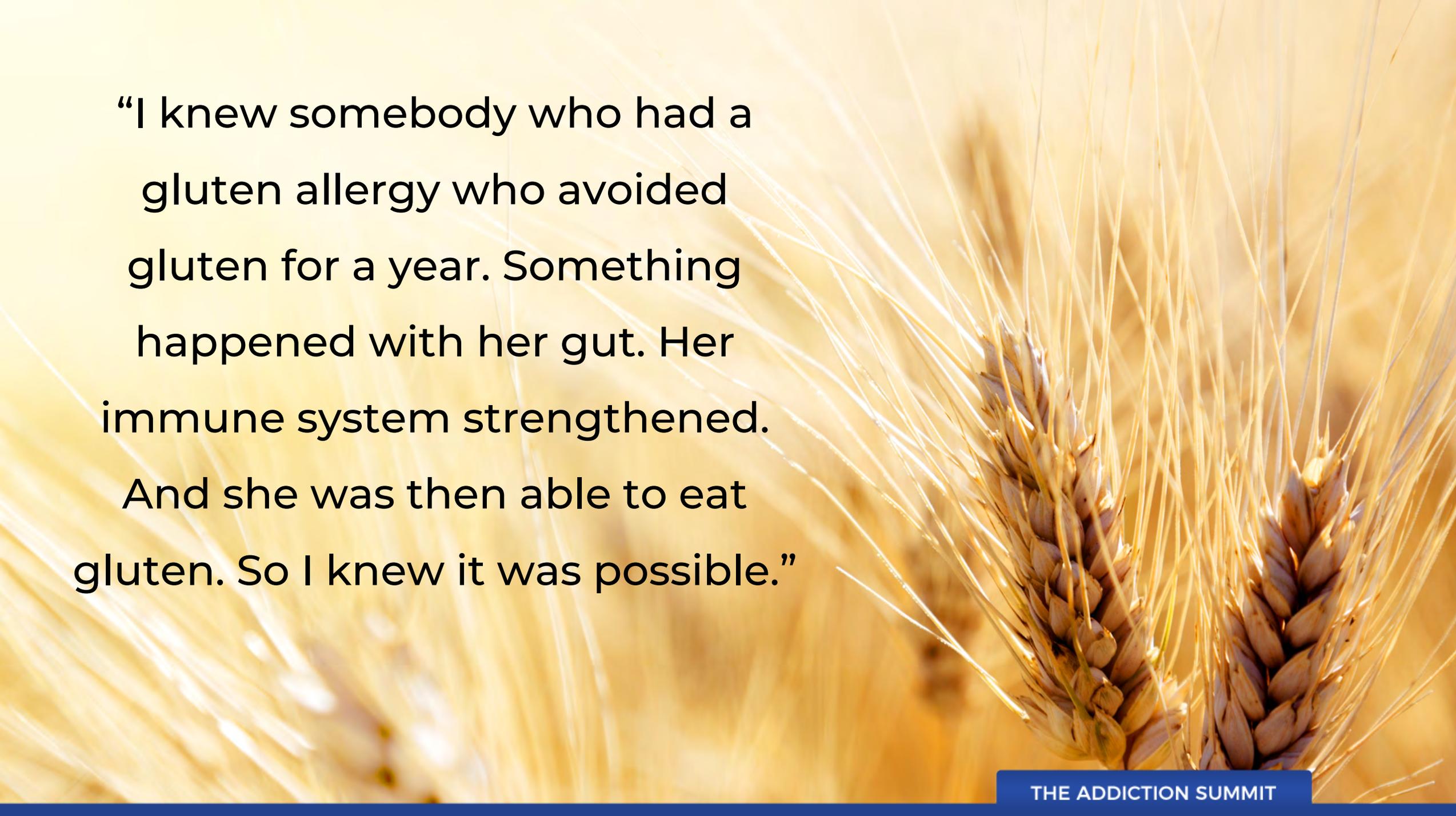
“One might not often think of GMOs and glyphosate to be connected to addiction, but it is.”



“You can hear from people who have been struggling with addiction in their family members and their lives for decades and how in some cases they have dealt with it successfully and how they have gotten through that.”

“1 out of 2 children in America has a chronic illness. And 1 out of 5 suffers with mental illness.”





“I knew somebody who had a gluten allergy who avoided gluten for a year. Something happened with her gut. Her immune system strengthened. And she was then able to eat gluten. So I knew it was possible.”

“My other son, to keep a long story short, autism symptoms resolved in 6 weeks by eating organic and addressing the gut and really restoring the gut environment and the gut biome.”



“We consumers have  
the power.”

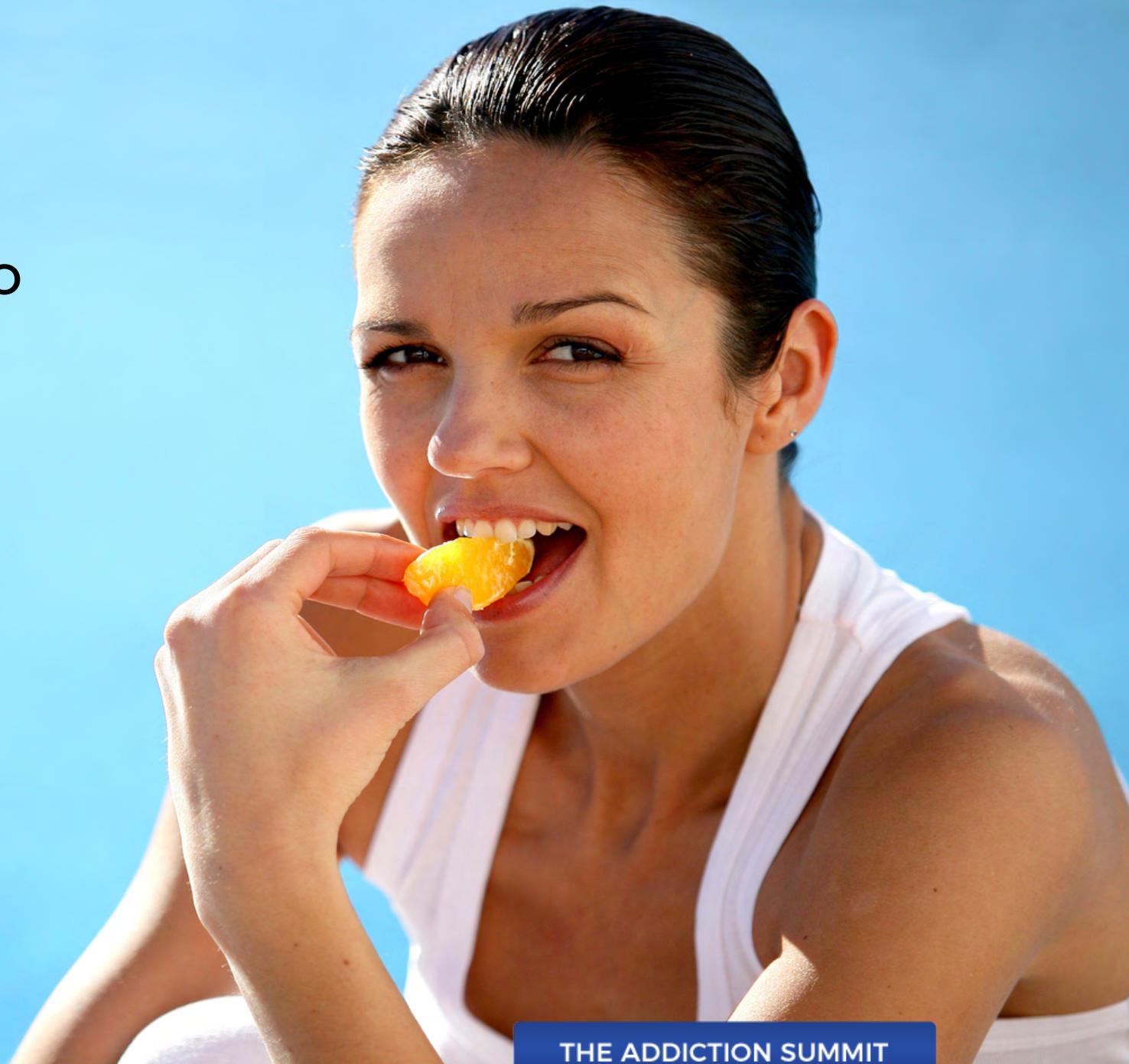


“Genetically modified organisms’ means that they have been altered. The DNA or the RNA of the species has been altered in a lab in a way that normally does not happen in nature.”

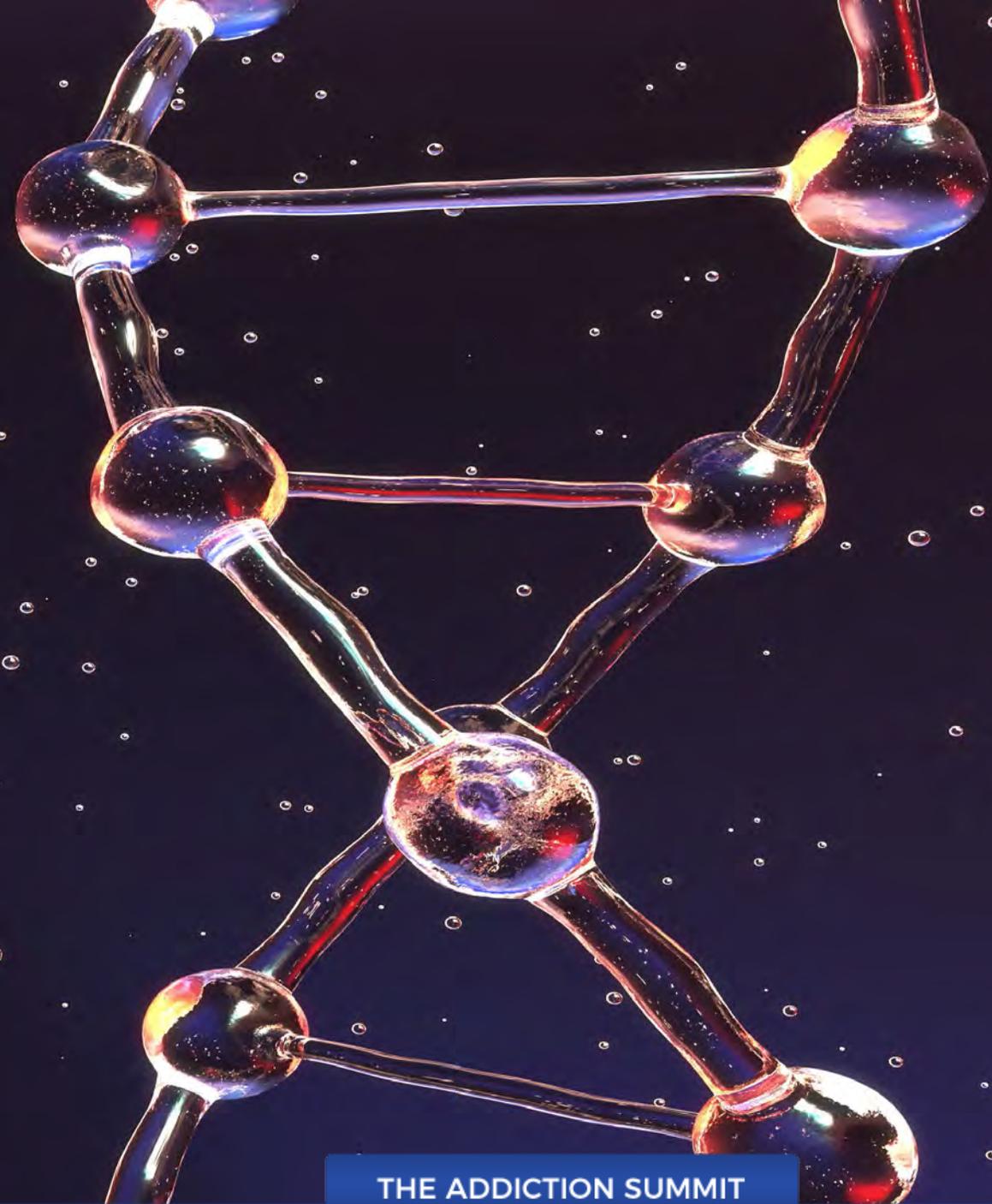


“Glyphosate herbicides soak into the crop. They do not dry off, wash off, or cook off.”

“You are definitely preventing exposure to glyphosate by eating organic in very large amounts.”



“Are those promoters, which  
wake genes up, going to  
wake up genes of rare  
diseases in my child?”



“Over 90 percent of soy in America is GMO. Over 80-something percent of the corn in America that is grown is GMO.”



“It is very important to go to organic foods as much as possible.”



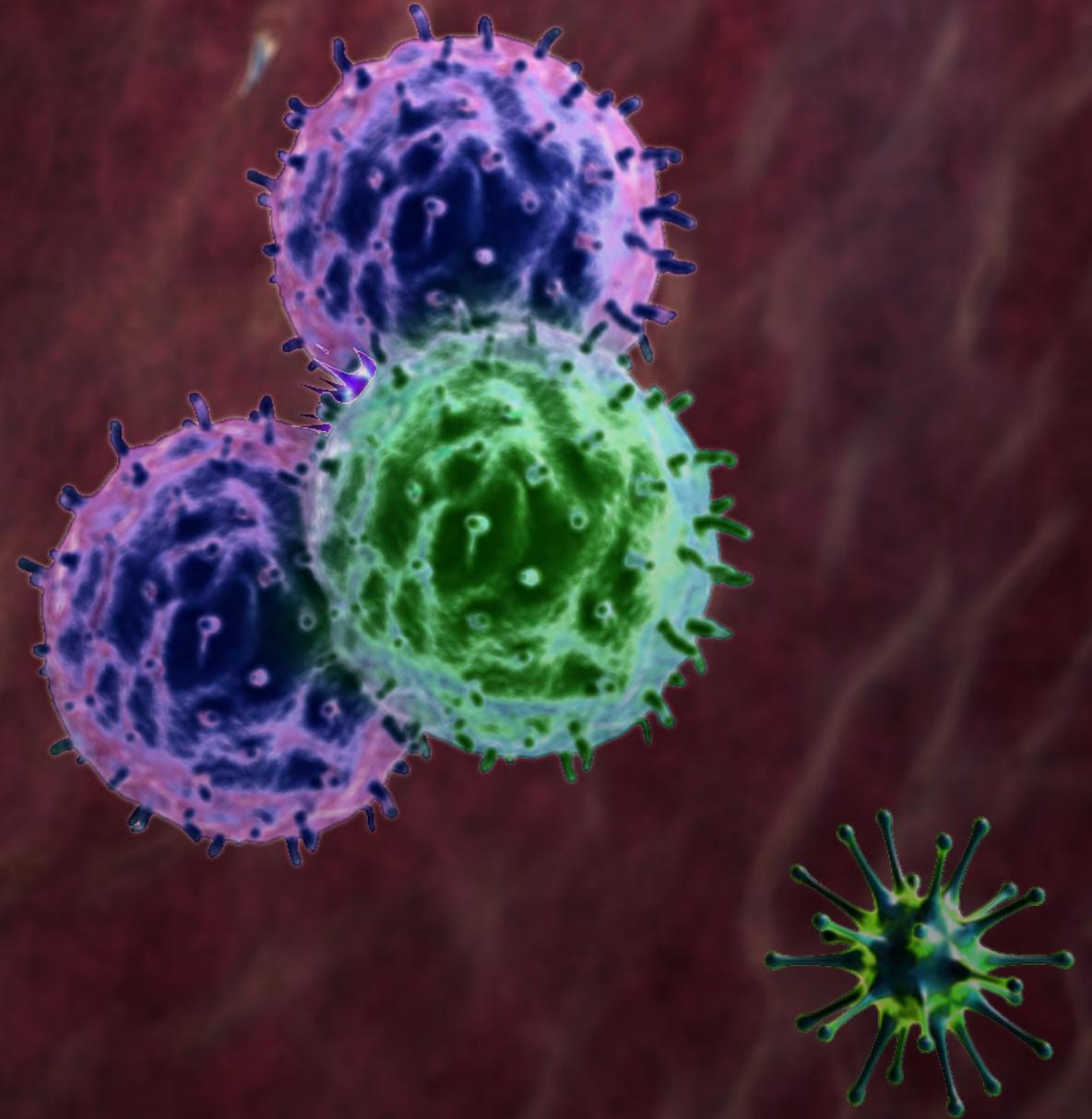
“Baking and cooking ahead of time really cuts down on the dread that a lot of people have at the end of the day when they are tired during the week.”





“Glyphosate has been proven to destroy the beneficial gut bacteria and allow for the proliferation of pathogenic gut bacteria.”

“Your gut bacteria are the foundation of being able to break free from addiction.”



“If you can't eat 100% organic, I always suggest to people to please introduce fermented foods into your diet.”



“One tablespoon of sauerkraut  
has a trillion good bacteria.”



“Avoiding processed sugar  
is very important.”



“If you are eating a lot of fiber, that supports a healthy gut immune system and the right bacteria.”



A hand with pink nail polish and a ring holds a white sign with the text "Action makes change." in a city street background. The sign is tilted and the text is in a clean, black, sans-serif font. The background shows a blurred city street with buildings and a street lamp.

“Action makes change.”

“I’m not going to wait around for somebody else to fix the food system.”

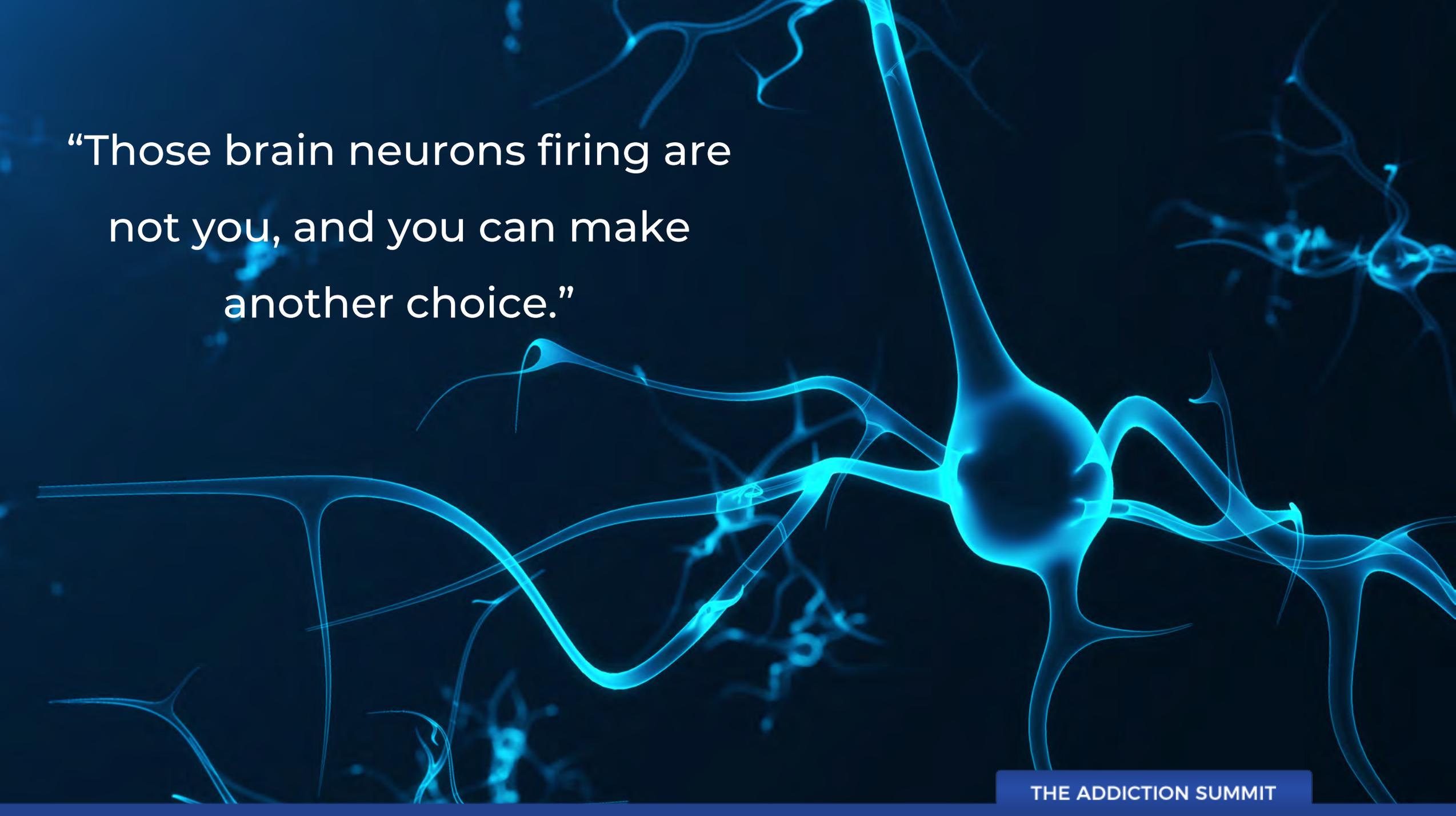


“Everybody can be and is  
unstoppable when they get  
in touch with how much  
they love their family  
members and their own  
health.”



“Own that you are the one putting the food in your body or the drink or the drugs in your body, and get that it can be different. You can do differently.”





“Those brain neurons firing are  
not you, and you can make  
another choice.”

“Celebrate every day that  
you are free from  
addiction.”



“It is actually a service to tell other people when you have been successful because that inspires other people, and it inspires them to take action.”



“It’s important to add in  
minerals back into your body.

Because of GMO chemical  
farming, the minerals in our  
food are severely depleted.”



“Our power comes in  
our ability to be  
authentic about our  
inauthenticities.”



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MomsAcrossAmerica.org



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