

ADDICTION



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Focusing on the Prevention of Drugs and Alcohol



Ray Lozano



- Educating & entertaining
- Focus on the youth population
- Teen Challenge Ministry
- Drug & alcohol counselor



“I look at my phone.”



“All these things that sort of get us addicted, whether it is food or screens or marijuana, it’s sort of a gateway to getting us along into a more severe dependency or addiction.”



“Somebody starts smoking weed at age 17 and now they’re 41, the brain is still functioning way back there. That is where it turns into a jam.”



“Emotion comes through asking questions. That’s how you engage the brain. But you have to ask questions without there being an agenda behind your questions.”





“The brain has to find a safe place. That’s where kids will gravitate towards drugs.

That’s where kids will gravitate towards gangs.

That’s where kids will gravitate towards those kind of things.”

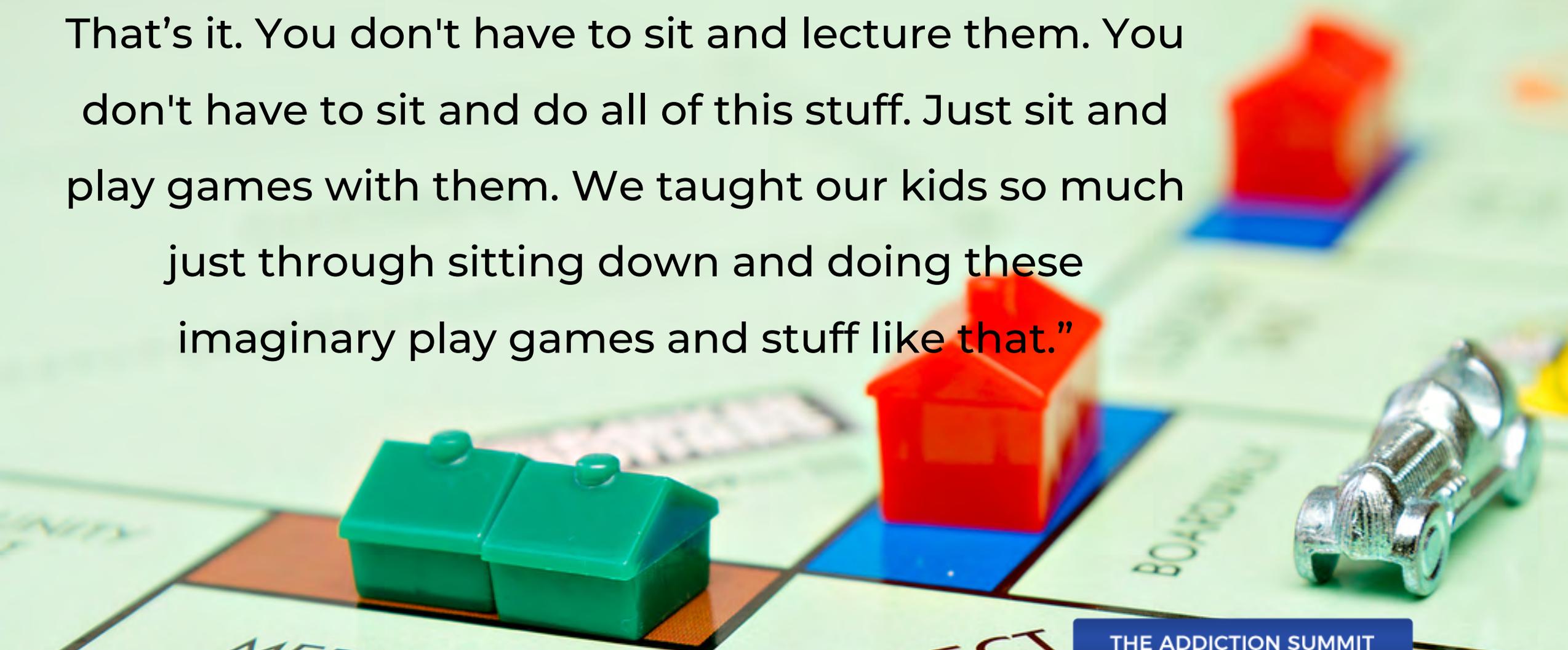


“What it meant for us, to have our house a house where kids felt safe is we had very, very strict rules that kids understand why we had those rules.”





“When your kids are little, you can get so much information across just through playing games. That’s it. You don't have to sit and lecture them. You don't have to sit and do all of this stuff. Just sit and play games with them. We taught our kids so much just through sitting down and doing these imaginary play games and stuff like that.”



“You take your kid to whatever breakfast place he likes and you buy him breakfast. If the kid likes waffles, you buy him waffles. Whatever it is, you get him that thing. And so what happens is you sit there and rebuild the emotional part of your relationship, just through asking questions.”





“The biggest thing I knew is me and my wife had to make our house the safe place. So the food of our house had to taste better than anything that was out there. And so we constantly were doing that.”

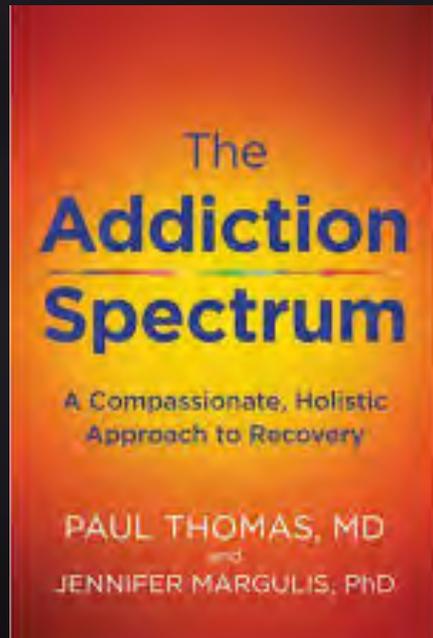


“We need to introduce our kids that we are afraid they are going to get involved in.”

“They may feel like nobody cares, but what has happened because of their addiction, they have kind of pushed people away. And I know that a lot of times people have come into their life who do care, but because of the addiction and their addicted brain, they push that person away.”



“A lot of times, even the addicted person doesn’t understand what is going on inside their head.”



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