

Welcome - Initial Order

Created by Paul Thomas MD - Retired on Aug 21, 2023

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Thank-you for your interest in quality supplements. Given the importance of a robust immune system, now is the time to make sure you at least have the basics: Vitamin D with K2, Vitamin C, a source of NAC or glutathione, a multivitamin (preferably with methyl-folate), and zinc to name a few key ingredients. I'm including a few basic suggestions to help you meet those needs. There is a capsule (adult) and chew or powder (child) option for each nutrient. Click on the items you wish to add to your cart then check out to receive your 25% discount. Go ahead and search for all your vitamin and supplement needs and add what you need to your order. When back - ordered you can search for an alternative to add for your one time first order. Not intended to diagnose or treat. Please review all supplements with your primary care physician or trusted health care provider.



When adding supplements to your wellness plan, please consult with your trusted healthcare professional. It is wise to add one new supplement at a time in case you have unpleasant side effects. All information on this platform is informational and not intended to diagnose or treat.

Feel free to search for other bundles for specific conditions or for specific vitamin, mineral and nutrient needs.

If you wish to test your Vitamin D level, Food Sensitivities and much more in the comfort of your home, visit: <https://www.kidsfirst4ever.com> and click on the "resources" tab then the "purchase kits" tab.

Thanks, Dr. Paul

Products

Items		Instructions	Price
	Liquid Vitamin D3 with K2 (30 Milliliters) Ortho Molecular Products In Stock	Additional Instructions Take 1 drop, once per day, ongoing.	\$27.74
	Vitamin D3 5000 + K (60 Softgels) Metagenics In Stock	Additional Instructions Take 1, once per day, ongoing.	\$21.74

Items**Buffered Vitamin C (60 capsules)**

Integrative Therapeutics

In Stock

Instructions**Additional Instructions**

Take 1, twice per day, ongoing.

Price**\$11.99****Liposomal Vitamin C (120 Milliliters)**

Quicksilver Scientific

In Stock

Additional Instructions

Take 1 tsp, once per day, ongoing.

\$25.49**Mitocore (60 capsules)**

Ortho Molecular Products

In Stock

Additional Instructions

Take 1, twice per day, ongoing.

\$28.49**MitoCORE® Protein Blend Strawberry (414.4 Grams)**

Ortho Molecular Products

In Stock

Additional Instructions

Take 1 tbs, once per day, ongoing.

\$47.99