




Allergy Relief Bundle

Created by Paul Thomas MD - Retired on Jan 18, 2024

When adding supplements to your wellness plan, please consult with your trusted healthcare professional. It is wise to add one new supplement at a time in case you have unpleasant side effects. All information on this platform is informational and not intended to diagnose or treat.

Products

Items	Instructions	Price
 <p>Aller-C (100 capsules) Vital Nutrients In Stock</p>	<p>Instructions from Paul Thomas MD - Retired: 2 capsules x twice per day / anytime. Additional Instructions one capsule twice a day</p>	\$26.24
 <p>Aller-Essentials (60 capsules) Pure Encapsulations In Stock</p>	<p>Instructions from Paul Thomas MD - Retired: 2-4 capsules x once per day / anytime. Additional Instructions one twice a day</p>	\$27.74
 <p>D-Hist Jr (60 Chewables) Ortho Molecular Products In Stock</p>	<p>Instructions from Paul Thomas MD - Retired: 1 tablet x once per day / anytime. Additional Instructions one twice a day as needed for allergy symptoms</p>	\$16.49

Items



Natural D-Hist (120 capsules)

Ortho Molecular Products

In Stock

Instructions

Instructions from Paul Thomas MD - Retired:

1 capsule x once per day / anytime.

Additional Instructions

one twice a day as needed

Price

\$36.74



Vitamin C w/Quercetin (180 capsules)

Integrative Therapeutics

In Stock

Instructions from Paul Thomas MD - Retired:

2 capsules x twice per day / anytime.

Additional Instructions

1 - 2 caps twice a day as needed

\$30.74